



BRUNER'S DISCOVERY LEARNING THEORY: AN INNOVATIVE APPROACH IN TEACHING-LEARNING GEOMETRY AT SECONDARY LEVEL

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RESEARCH ARTICLE



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Abstract

Geometry is the spatial language of the universe where pure logic meets the physical world. Creative thinking allows students to apply geometric principles to real-world challenges. Innovation in geometry is linked to spatial visualization. It allows students to bridge the gap between a formula and solving a complex, real-world problem. Innovative exploration in geometry builds a “gut feeling” for how objects interact in space. Bruner’s discovery model of teaching and learning is very fruitful in geometry because it shifts the focus from rote memorization of formulas to active, hands-on construction of knowledge, leading to a deeper understanding of spatial concepts. This learning approach when guided by an instructor allows students to explore, manipulate shapes, and identify properties themselves, fostering critical thinking, better retention and increased motivation. This model transforms the classroom from a place of “receiving information” to a laboratory of ideas. It also fosters resilience, allowing students to navigate, rather than fear, complex and unfamiliar geometric problem. The spiral curriculum and scaffolding technique in this model help students to handle higher level of cognitive demand revising topics and also facilitating a transition from visual, intuitive understanding to formal, deductive reasoning. The main objectives of this paper is why we follow Bruner’s guided discovery model for teaching-learning geometry at school level and how to implement it in a sophisticated and convenient way in teaching-learning geometry at school level as well as what will be the goal by using this model in modern time where complexity is increasing day to day. This paper is a conceptual/theoretical analysis that examines how Bruner’s Discovery Learning Theory can provide a transformative framework for geometry instruction at the secondary level.

Keywords: *Spatial Visualization, Innovative Exploration, Critical Thinking, Geometry, Spiral Curriculum, Scaffolding*

Introduction

“Mathematics is the language of the Universe” and Geometry is actually the “operating system” of the physical world. Since mathematics is the pillar to all sciences, the prosperity and the cultural advancement of human depend on the advancement in mathematics. Geometry is a foundational branch of mathematics focused on studying size, shape, position and spatial properties. It provides a visual, tangible and logical structure that often represents algebraic concepts. It is not just about measuring shapes, it’s about understanding the relationships between objects in space. It bridges the gap between abstract thought and physical reality. Nature is not random; it follows geometric rules to maximize efficiency. Beyond the math, geometry trains our brain to think spatially. This is a “soft skill” we use constantly. Geometry plays a significant role in aesthetic and structural design across disciplines. Architects use geometric principles to ensure structural integrity. It is vital in our daily life, forming the basis for construction, art, nature, and technology by helping us to measure, design, and understands shapes, form building houses and creating graphics to navigating sports fields and understanding natural patterns like snowflakes and honeycombs, ensuring functionality, efficiency and aesthetic in almost everything we see and do. Without geometry, mathematics would be purely symbolic and “placeless”. It provides a visual, intuitive, and spatial approach to solve abstract problems in mathematics. Geometry is not just about shapes; it is foundational subjects that help students understand the structural logic of the world around them. Geometrical knowledge is essential for students because it builds logical reasoning, critical thinking, and spatial awareness while providing practical skills for STEM fields, architecture, and daily tasks. It teaches students to analyze properties of shapes, understand spatial relationship, and apply deductive logic to solve complex problems, transitioning from simple calculation to structural understanding. It often described as the “visual language” of mathematics. It provides the spatial framework that allows us to see, measure, and model the physical world. It is a platform of logical reasoning and toolkit for

understanding the physical world and developing a rigorous way of thinking. It is unique because it forces the brain to balance spatial reasoning (right-hemisphere) with deductive logic (left-hemisphere), making it one of the most effective tool for developing overall cognitive flexibility. Bruner's discovery model accelerates cognitive development in geometry by promoting active, Inquiry-based learning, moving students from concrete manipulation to abstract conceptualization. It encourages building mental models, enhances problem-solving skills through exploration, and uses a spiral curriculum that matches geometric concepts (shapes, formulas) to learners' development stages.

Bruner's discovery learning model enhances cognitive development in geometry by shifting the students from a passive recipient to an active "problem solver" who constructs knowledge through exploration. This model follows a specific sequence of progressive representation like Enactive stage (action-based), Iconic stage (image-based) and Symbolic stage (abstract based) such that students can easily align with their new cognitive ideas regarding their topics (problems). This model enhanced conceptual retention because students discover geometric relationships themselves rather than being told, they form deeper "coding systems" in their minds. This model encourages inductive reasoning where students observe specific geometric cases and formulate geometric rules. It builds critical cognitive skills like problem-solving and spatial awareness (hands-on exploration with manipulatives directly improves spatial reasoning and visualization) that enable students to solve complex geometric problems effortlessly. Bruner advocates for a spiral curriculum where geometric concepts are revisited at increasing level of complexity. It helps to understand geometric problems in a simple way as well as it helps to improve memory power. Discovery learning triggers the "A-ha!" moment, which converts eternal pressure into intrinsic motivation. This self-directed success build the confidence needed to tackle more abstract and complex geometric proofs. According to Bruner, learning is based on the idea that learners actively construct their own understanding. He thought education should focus on discovery learning, where students are encouraged to explore and solve problems. In classroom practice, educators can apply Bruner's scaffolding principles by beginning lessons with familiar contexts before introducing new concepts, using visual aids and manipulatives as temporary supports, and encouraging peer collaboration where more capable students naturally provides scaffolding for others. Discovery learning allows the students to draw on existing knowledge in order to solve the problem at hand. It motivates students to take ownership of their learning and develop important cognitive skills.

Spiral Curriculum

Jerome Bruner's spiral curriculum is an educational approach where key concepts are revisited repeatedly throughout the period of learning, with each encounter increasing complexity and building upon prior knowledge. The model is based on his belief that any subject can be taught effectively in some intellectually honest form to any learner at any stage of development. The goal is to provide a solid foundation and connect new information to old, fostering a more holistic and connected learning experiences. This curriculum is highly effective in geometry as it facilitates long term retention and deep conceptual understanding by repeatedly revisiting core concept with increasing complexity. This method aligns with cognitive science principles such as "spacing effect", which enhances memory over time.

The following key principles are related to Spiral Curriculum:

- **Cyclical Revisiting:** Solidify the foundational knowledge in long term memory.
- **Increasing Depth:** Each time a topic is revisited, it is taught at a deepen, more complex and more abstract level.
- **Building on Prior Knowledge:** New learning is always connected to previous learning. This creates a logical sequence and context that helps students expand their understanding.

Key benefits of Spiral Curriculum in teaching-learning in Geometry:

- Reinforces fundamental knowledge
- Gradually increase in complexity
- Builds connection between ideas
- Develops deeper understanding
- Addresses different learning paces
- Fosters confidence and motivation

Implementation of Spiral Curriculum in Geometry Class

1. Identify Core Geometric Strands

- Properties of Shapes
- Measurement
- Transformation
- Relationships and Proofs
- Co-ordinate Geometry

2. Implementation Strategies (Spiral in Action)

- Spaced Review (Daily/Weekly)
- Intentionally interleaved tasks: Design assignments where tasks from previous units are mixed with current topics.
- Revisit and Deepen Approach (Monthly/Quarterly):
 - Iteration 1 (Basic/Concrete): Introduce concepts using manipulatives (e.g. defining angles using polygon tiles or protector).

- Iteration 2 (Intermediate/Iconic): Revisit the same concept using graphs or diagrams (e.g. draw angles by using transversal lines).
- Iteration 3 (Advanced/Abstract): Revisit the concept through algebraic proofs or 3D application (e.g. using Trigonometry to solve for angles in a 3D figure).

3. Example 1: “Triangle” Spiral

Time Frame	Topic	Depth of Complexity
2 Weeks	Introduction to Triangles	Identify different types of Triangles
6 Weeks	Co-ordinate Geometry	Draw Triangles and find lengths by using distance formula (Slope)
10 Weeks	Triangle Congruence	Prove Triangles are congruent (SSS, SAS, ASA, AAS)
14 Weeks	Similarity and Ratios	Use proportions to find missing sides of similar triangles
20 Weeks	Trigonometry	Use SOH-CAH-TOA solve for sides/angles in Right-angle Triangles
26 Weeks	Applications/Proofs	Apply Triangle theorems to 3D volume or complex proofs.

Example 2: Find the area of a rectangle step by step using Spiral Curriculum.

- **Spiral Loop 1:**
 - **Concrete Understanding (Early Primary)**
 - Focus: Space inside
 - Method: Physical Manipulation
 - Activity: Use unit squares (square tiles/blocks) to cover a rectangular piece of paper. Facilitator instruct students to count the number of tiles are required to fulfill the area.
 - Concept: Area is the total number of covering units.
- **Spiral Loop 2:**
 - **Representational Understanding (Class I to III)**
 - Focus: Moving from concrete to pictorial
 - Method: Grid drawing
 - Activity: Draw a 4×3 rectangle on grid paper. Instruct students to count the number of rows and columns instead of counting every square.
 - Concept: Introduce the Array model-multiplication of rows by columns.
- **Spiral Loop 3:**
 - **Abstract Formula (Class IV to V)**
 - Focus: Introduction of the formula $A = l \times w$
 - Method: Removing the grid lines
 - Activity: Given a rectangle with dimensions labeled (e.g. Length = 5 cm, Width = 3 cm). Facilitator asks students to calculate the area.
 - Concept: Area = Length \times Width
Reinforce that area is in square units (e.g. cm^2).
- **Spiral Loop 4:**
 - **Problem Solving and Inverse Operations (Class VI to VIII)**
 - Focus: Apply the formulas in reality and working backward.
 - Activity: “A room has an area of $20m^2$. If the width is 5m, what is the length?”
 - Concept: Length = Area/Width. Also, finding the area of compound shapes (rectangles joined together).
- **Spiral Loop 5:**
 - **Algebraic Generalization (Class IX to X)**
 - Focus: Using variables and algebraic expressions
 - Activity: Find the area of a rectangle with length $(x + 3)$ cm and width x cm.
 - Concept: Area = $x(x + 3) cm^2 = (x^2 + 3x) cm^2$
The concept of area becomes a tool for understanding algebraic polynomials.

Tabular form of the above Spiral Progression is as follows:

Stage	Approach	Key Understanding
Stage 1	Concrete	Count number of tiles covering the surface
Stage 2	Pictorial	Use arrays on grid
Stage 3	Abstract	Apply formula $A = l \times w$
Stage 4	Application	Find missing sides, compound shapes
Stage 5	Generalization	Algebraic expressions Area = $x(x + 3)$ sq. unit

By spiraling, students do not just memorize “ $A = l \times w$ ” in third grade; they develop a deep conceptual understanding of area that evolves into algebraic fluency.

Scaffolding

Scaffolding transforms discovery learning from “unstructured, random exploration” into a guided, meaningful process of constructing knowledge. Transitioning from concrete, hands on manipulation (Enactive) to visual representation (Iconic), and finally to abstract, symbolic formulas (Symbolic). This active inquiry method encourages students to discover geometric properties themselves, fostering deeper understanding and long term retention. It acts as the flexible support structure that allows students to successfully navigate the challenging, yet rewarding, path of discovery geometric principles for themselves.

Discovery learning and scaffolding are highly compatible and mutually supportive in geometry education. It provides the necessary structure and guidance to make the student- centered, minimally guided process of discovery learning effective, helping students bridge the gap between current knowledge and new, more complex geometric concepts.

Implementation of Scaffolding in Geometry Class

Scaffolding in a geometry class is implemented through a “Gradual Release of Responsibility (GRR)”, where the teacher models concepts, guides practice, and enables independent mastery of topics like proofs, theorems, or co-ordinate geometry. Techniques include breaking complex problem into smaller manageable steps, providing visual aids, and using graphic organizer to structure logical thinking.

Different Scaffolding Techniques used in Geometry

- **Modeling/Demonstration:** At first teacher demonstrate how to use a protector or geometry software (e.g. Geogebra) before students try it individually.
- **Guided Questioning:** Teacher ask probing questions and prompting instead of providing answers that leads students to their own conclusions and encourage them to explain their thinking and justify their solutions.
- **Visual Aids and Tools:** Proving students with physical cut-out of shapes, diagrams, graphic organizers, or digital tools to explore geometric properties.
- **Connecting to Prior Knowledge:** Reminding students of the formula for the area of a rectangle when trying to discover the formula for the area of a kite.
- **Peer Collaboration:** Arranging students in small groups to discuss and solve a problem, allowing more knowledgeable peers to help others.
- **Chunking:** Breaking down a multi-step task such as calculating the surface area of a complex 3D shape, into smaller manageable units like finding the area of individual faces first.

Utility of Scaffolding in Geometry

It provides a supportive framework that enables students to successfully engage with challenging geometric content and develop the necessary skills to eventually master the subject on their own. It acts as a bridge between a student present knowledge and the ability to solve challenging, open-ended geometric problems.

Goals of Scaffolding in Geometry

The primary goal is to guide students through their Zone of Proximal Development (ZPD) – the gap between what they can do alone and what they can achieve with expert guidance.

Example: Find the area of a rectangle using Scaffolding.

In mathematical education, scaffolding is a teaching method that breaks down the process of finding the area of a rectangle into smaller, manageable steps, gradually removing support as the student gains mastery level for finding the area of a rectangle by scaffolding.

The goal is to more concrete visualization to the abstract formula ($\text{Area} = \text{Length} \times \text{Width}$) using a structured framework.

- **Activate Prior Knowledge:** Start by relating area to what is already known, such as counting objects or adding rows. For example, use 10 frames or one-to-one correspondence to confirm the students under stands basic quantities.
- **Concrete and Visual Aids:** Use physical concrete manipulatives like tiles or graph paper to build a rectangle. Have the students count the unit squares inside to understand that area is the space covered by the shape.
- **Draw and Label:** Transition to drawing the rectangle. A common scaffold is to provide a grid or template where students label the length and width before performing any calculations.
- **Guided Step-by-Step Solving:** Use “I Do, We Do, You Do” model:
 - a) The teacher models the thought process, showing how to pick the two different side lengths and multiply them.
 - b) Students’ works through a problem with investigative questions from the teacher (e.g. “what happen to the area if we double this side?”).
 - c) Students solve the problem independently, perhaps using a provided formula sheet as a final “temporary” support.

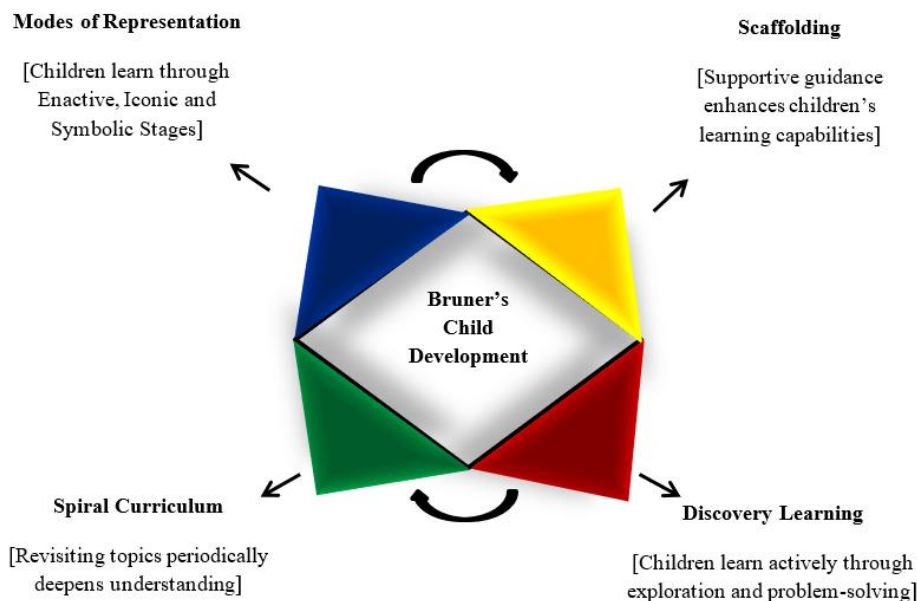


Figure: Bruner's Guided Discovery Model

Insights of Bruner's Discovery Learning Theory in Geometry

Bruner's discovery learning helps cognitive development in Geometry by fostering a constructivist approach where students build understanding through active exploration, problem-solving, and active learner engagement, moving away from rote memorization. This approach encourages students to construct their own knowledge by first manipulating objects (Enactive), then using visual representations (Iconic), and finally understanding abstract symbols (Symbolic) and formulas to grasp geometrical concepts like areas or angles of geometric figures. The spiral curriculum provides the roadmap for ongoing, deeper learning, while scaffolding acts as the support mechanism that enables students to reach higher levels of mastery, ultimately empowering them to create and innovate with geometric knowledge. The spiral curriculum and scaffolding combine to boost innovative knowledge in geometry by transforming the subject from a collection of isolated formulas into a continuous, interconnected process of discovery. This synergy allows students to bridge concrete intuition with abstract reasoning, fostering the critical thinking necessary for ongoing problem-solving.

Geometric Innovation

The following table illustrates how these two strategies work together to move students toward innovative geometric thinking:

Feature	Impact of Spiral Curriculum	Role of Scaffolding	Innovative Outcome
Foundational Linking	Revisit basic facts (e.g. triangle sides) in a new contexts (e.g. vector relations)	Activating prior knowledge to bridge old and new concept	Ability to apply geometric rules to novel, real-world problems
Cognitive Load Management	Breaks complex geometry into manageable age-appropriate chunks	Providing modeling ("I do, we do, you do") to reduce initial frustration	Free mental energy for creative exploration and "discovery learning"
Abstract Mastery	Transitions from concrete to axiomatic/rigorous deduction	Using manipulatives and visual prompts to support the shift to abstract thinking	Development of original proofs and complex spatial reasoning

Example: Find the area of a rectangle by Bruner's Discovery Model.

This approach is based on Jerome Bruner's framework for cognitive development moving from concrete experience to abstract representation.

Here is the illustrative example how to teach the area of a rectangle (Area = length \times width) using the Enactive, Iconic and Symbolic stages.

Stage-1: Enactive Stage (Action-based/Concrete)

Goal: Understand area as covering a surface with units.

Activity:

- Provide students a physical rectangle (e.g. a piece of cardstock or a rectangular table) and a set of square tiles (unit square).
- Instruct them to cover the entire surface of the rectangle with the tiles without any gaps or overlaps.

c. Instruct them to count the total number of tiles used.

Learning: The area is the total number of square tiles needed to cover the given shape.

Stage-2: Iconic Stage (Image-based/Pictorial)

Goal: Transition from physical 3D tiles to a 2D drawing representing the tiles.

Activity:

- a. Draw a rectangle on graph paper/white board.
- b. Instead of using physical tiles, draw a grid inside the rectangle (e.g. 4×3 grid)
- c. Instruct students to count the squares within the drawing.
- d. Highlight that the number of rows and columns represent the sides of the rectangle.

Learning: We don't need physical tiles. We can visualize the grid to find the total area.

Stage-3: Symbolic Stage (Language/Abstract formula)



Goal: Use formulas and numbers to represent the area.

Activity:

- a. Draw a rectangle and label the sides with numbers (Length = 5cm, Width = 2cm).
- b. Instruct students to find the faster way to calculate the number of squares required to fill the area.
- c. Introduce the formula: Area = Length × Width = 5cm × 2cm = 10 cm²

Learning: We can use the formula, Area = Length × Width to calculate the rectangular area easily.

Stage	Method	Action
Enactive	Concrete	Covering a physical rectangle with tiles
Iconic	Pictorial	Counting number of squares drawn inside a shape on paper
Symbolic	Abstract	Using formula Area = Length × Width

Enactive	Iconic	Symbolic
Physical Rectangular Object 	Draw pictorial form of it with grid (unit square) filled. 	Number of grids = 10 Here, L= 5 units W = 2 units Therefore, Area A= l × w = 5×2 = 10 sq. unit

Conclusion

Jerome Bruner's discovery learning approach transforms geometry from a collection of memorized theorems into an active process of exploration and insight. By moving away from rote memorization, this method fosters a deeper, more intuitive grasp of spatial relationships. By using the spiral curriculum students revisit geometric concepts with increasing complexity, ensuring that foundational knowledge is solidified before moving to abstract theorems. Bruner's three stages- Enactive (handling physical shapes), Iconic (visualizing diagrams), and Symbolic (writing formal proofs)- provided scaffolded pathway that makes complex geometry accessible to all learners. Intrinsic motivation boosts confidence level significantly. The innovative nature of Bruner's approach lies in its shift from teaching results to teach the process of discovery. In geometry classroom this means students do not just learn about shapes; they learn to think like mathematicians. Discovery learning when properly structured and guided by an effective instructor (guided discovery learning) is a powerful tool for developing engaged, critical and independent learners. It is considered a transformative framework in modern education, yielding better results in problem solving and conceptual understanding compared to conventional method.

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